

FREEZE AWAY FAT WITH NO SURGERY4,5 AND NO NEEDLES5

CONSULTATION GUIDE

* Based on HCP tracking market research in the US, UK, Germany, Canada, Brazil, China and Australia (N=526), and global market research of the overall body shaping and skin tightening market. [†]Data obtained from cryolipolysis investigations using a porcine model. [‡]As of March 2020.

References: 1. Allergan Aesthetics, Unpublished data, World number 1 cryolipolysis device, INT-CSC-1950062; July 2019 2. Zelickson B, et al. Dermatol Surg 2009;35:1462-70; 3. Allergan Inc. Unpublished Data. Number of CoolSculpting® treatment cycles to date. INT-CSC-2050157. March 2020. 4. Kilmer SL, et al. Lasers Surg Med 2017;49:63-8; 5. Allergan Inc. CoolSculpting® system user manual. BRZ-101-TUM-EN4-H. December 2016. UK-CSC-2050427 | Date of preparation: December 2020

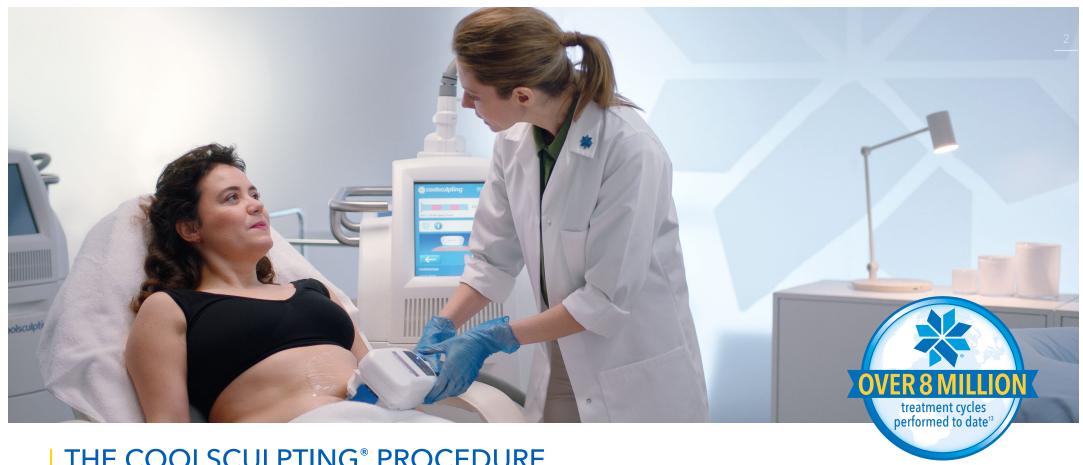
> THE COOLSCULPTING® **PROCEDURE**

EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS REPORTING



THE COOLSCULPTING® PROCEDURE

- » Fat-freezing technology selectively targets and destroys subcutaneous fat cells without damaging the surrounding tissue*1
- » Once fat cells are treated, they are destroyed and **removed** as your body processes the subcutaneous fat and removes these dead fat cells through a natural inflammatory clearing process^{1,2}
- You will be provided clinical recommendations of which areas should be treated and how many sessions you will need to achieve your desired results
- » Receive a **customised treatment** plan tailored to your individual needs, shape and goals
- » No surgery, 4 no needles, 4,5 and minimal expected downtime after CoolSculpting® treatment^{6,7}

Images courtesy of Allergan Aesthetics unless otherwise stated.

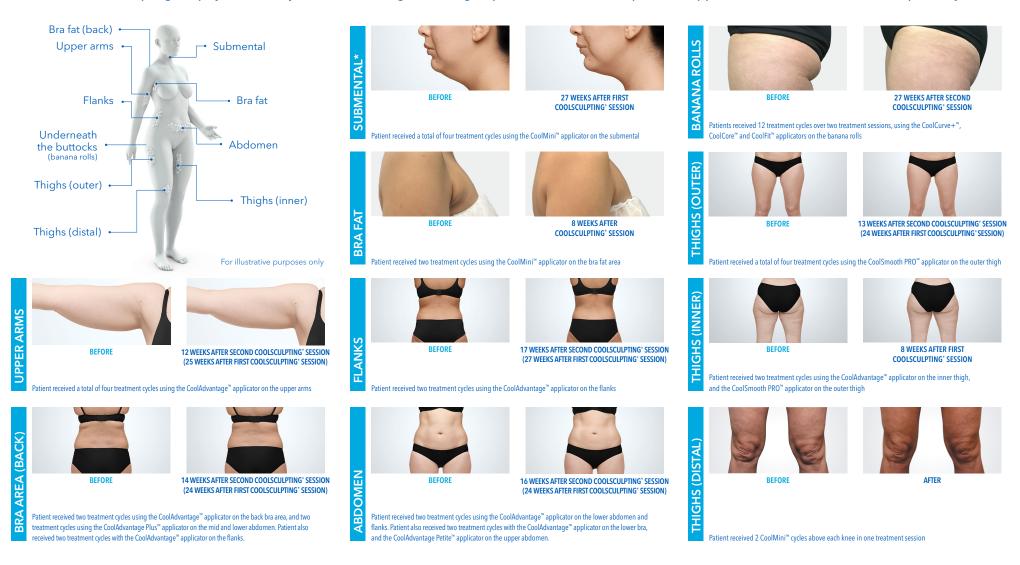
*Data obtained from cryolipolysis investigations using a porcine model; †As of September 2018.

References: 1. Zelickson B, et al. Dermatol Surg 2009;35:1462-70; 2. Klein KB, et al. Lasers Surg Med 2009;41:785-90; 3. Allergan Inc. Unpublished Data. Number of CoolSculpting® treatment cycles to date. INT-CSC-2050157. March 2020. 4. Kilmer SL, et al. Lasers Surg Med 2017;49:63-8; 5. Allergan Inc. CoolSculpting system user manual.BRZ-101-TUM-EN4-H. December 2016; 6. Avram MM, Harry RS. Lasers Surg Med 2009;41:703-8; 7. Krueger N, et al. Clin Cosmet Investig Dermatol 2014;7:201-5.

Adverse events should be reported. Reporting forms and information can be found at https://yellowcard.mhra.gov.uk. Adverse events should also be reported to Allergan Aesthetics. UK_Medinfo@allergan.com or 01628 494026.

TREATMENT AREAS

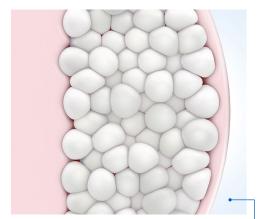
The use of CoolSculpting® helps you achieve your fat-reduction goals through a personalised treatment plan. Our applicators can be used to treat multiple body areas.¹



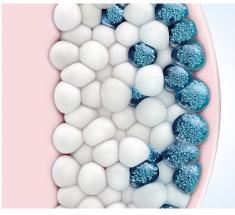
Images courtesy of Allergan Aesthetics unless otherwise stated. Results and patient experience may vary. Placements shown are approximate. *There is no additional clinical information for treating the submental area in more than two sessions. **References: 1.** Allergan Inc. CoolSculpting* system user manual. BRZ-101-TUM-EN4-H. December 2016.

FREEZE AWAY FAT

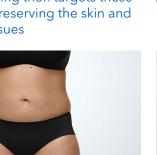
CoolSculpting® targets many problem areas, cooling the fat cells to the precise temperature at which they crystallise the fat within the cells. Your body then naturally metabolises these cells, before removing them through an inflammatory clearing process.¹⁻³



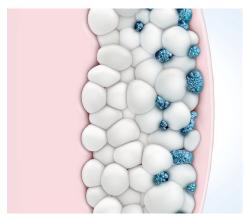
During treatment, a medical professional places an applicator* on the desired area



fat cells while preserving the skin and surrounding tissues



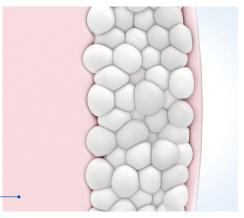
Controlled cooling then targets these



After treatment, the body naturally processes and removes the fat cells



17 WEEKS AFTER SECOND COOLSCULPTING® SESSION (27 WEEKS AFTER FIRST COOLSCULPTING® SESSION)



Treated fat cells are gone for good



Treated fat cells



Untreated fat cells

Abdomen: Patient received a total of four treatment cycles using the CoolAdvantage[™] applicator on the lower and mid abdomen, lower bra and flanks

For illustrative purposes only

Images courtesy of Allergan Aesthetics unless otherwise stated.

References: 1. Allergan Inc. Unpublished Data. Crystals in pathology research. INT/0112/2018. February 2018; 2. Zelickson B, et al. Dermatol Surg 2009;35:1462-70; 3. Klein KB, et al. Lasers Surg Med 2009;41:785-90.

THE COOLSCULPTING® **PROCEDURE**

EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY INFORMATION

COMMON & RARE SIDE EFFECTS

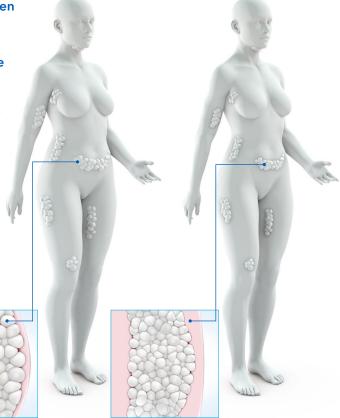
ADVERSE EVENTS REPORTING

^{*}The CoolSculpting" applicators are designed to work on different body areas for a range of body types.

FAT CELLS AFTER WEIGHT LOSS

A) What happens when you lose weight?

When you lose weight, the **volume** of your fat cells decreases but the **number** of fat cells stays the same.¹



Fat cells shrink in

volume (weight loss)

For illustrative purposes only

FAT CELLS AFTER COOLSCULPTING®

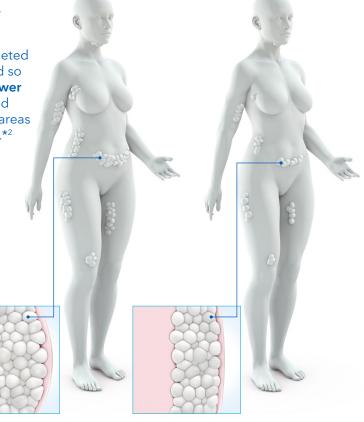
Before CoolSculpting* treatment (abdomen, flanks, thighs, under the chin [submental], around your bra, back and underneath the buttocks [banana rolls])

After CoolSculpting® treatment, targeted fat cells are removed^{2,3}



After treatment, targeted fat cells are removed so that you will have **fewer fat cells** in the treated areas.*2-4 Untreated areas will have no change.*2

If you gain weight,†
remaining fat cells
may enlarge as they
absorb excess fat.¹



For illustrative purposes only

Results and patient experience may vary. Diagrams reflect approximate treatment locations.

*Data obtained from cryolipolysis investigations using a porcine model; †Weight gain achieved through lifestyle choices.

References: 1. Spalding KL, et al. Nature 2008;453:783-7; 2. Zelickson B, et al. Dermatol Surg 2009;35:1462-70; 3. Klein KB, et al. Lasers Surg Med 2009;41:785-90; 4. Manstein D, et al. Lasers Surg Med 2008;40:595-604.

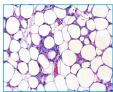
COMPARISON BETWEEN CRYOLIPOLYSIS AND ELECTROMAGNETIC MUSCLE STIMULATION TECHNOLOGIES

Cryolipolysis and EMS are two types of non-invasive body contouring treatments that work in different ways.¹ Cryolipolysis works by targeting and cooling fat cells to temperatures that trigger permanent fat cell loss.²* EMS stimulates contractions of the muscle layer to strengthen and tone the area.¹ However, it is also thought to cause fat loss through the release of molecules called free fatty acids which intoxicate fat cells.³ Although studies report that EMS can both increase muscle mass and reduce subcutaneous fat,⁴ the proposed mechanism for fat loss requires further research.³

Comparing cryolipolysis and EMS

- » A recent Allergan Aesthetics study aimed to assess the degree of irreversible fat cell injury in response to cryolipolysis and EMS treatment.¹
- Patients received a single treatment to the abdomen with either CoolSculpting® (-11°C for 35 mins) or EmSculpt® (100% intensity for 30 mins)11
- Tissue samples taken from the patients were studied under the microscope to see how fat cells were affected by the two different treatments up to 17 days later¹

Cryolipolysis



17 days post-tx 200 µm

Purple staining shows there are inflammatory cells in the tissue. This tells us that the fat cells have been damaged and are being processed by the body's immune system.

EMS



In contrast, 17 days after EMS treatment, there was no evidence of fat cell injury or an inflammatory response.

This study suggests that unlike cryolipolysis, EMS technology does **not** cause fat cell injury.¹

CoolSculpting* cryolipolysis technology remains the most proven in the NIFR category.5‡

EMS, electromagnetic muscle stimulation; NIFR, non-invasive fat reduction.

HOME

References: 1. Zachary CB, et al. Lasers Surg Med. 2020; doi: 10.1002/lsm.23259. (Online ahead of print). Accessed October 2020. 2. Zelickson B, et al. Dermatol Surg. 2009;35:1462–1470. 3. Kinney B and Lozanova P. Lasers Surg Med. 2019;51:40–46.

4. Katz B, et al. Dermatol Surg. 2019;45:1542-1548. 5. Allergan Inc. Unpublished data. CoolSculpting publications. INT-CSC-1950037. June 2019.

^{*}Demonstrated in a pig model.

[†]This clinical study (N=11) recruited 2 patients treated with cryolipolysis and 9 patients treated with EMS technology.

^{*}As of June 2019. Additional publications may exist that are not captured by a PubMed search, for example conference abstracts or journals not indexed by PubMed. Off-label use of cryolipolysis devices was excluded. Includes English language publications only.

TREATMENT DAY

- » Your body and needs are unique, so a customised treatment plan will be developed during your consultation to address your specific areas of concern
- » This treatment plan may require multiple sessions (or visits)
- » During your treatment, a gel pad or gel and applicator are applied to the targeted area¹
- Vacuum applicators draw the tissue into the applicator cup
- Surface applicators are secured to the treatment area
- » All applicators deliver controlled cooling to the targeted fat¹





Images courtesy of Allergan Aesthetics unless otherwise stated.

Reference: 1. Allergan Inc. CoolSculpting* system user manual. BRZ-101-TUM-EN4-H. December 2016.

AFTER YOUR TREATMENT

- » Patients have the potential to return to their normal activities immediately after the CoolSculpting® procedure^{1,2}
- » Visible results may be seen around 3 months after one session,³ but some treatment plans may require multiple sessions depending on desired results
- » If you gain weight,* remaining fat cells may enlarge as they absorb excess fat⁴
- » Your provider will schedule a follow-up appointment to evaluate your results, take photos and discuss additional sessions, if needed



*Weight gain achieved through lifestyle choices.

References: 1. Avram MM, Harry RS. Lasers Surg Med 2009;41:703-8; 2. Krueger N, et al. Clin Cosmet Investig Dermatol 2014;7:201-25; 3. Klein KB, et al. Lasers Surg Med 2009;41:785-90; 4. Spalding KL, et al. Nature 2008;453:783-7.

EMOTIONAL ATTRIBUTES¹











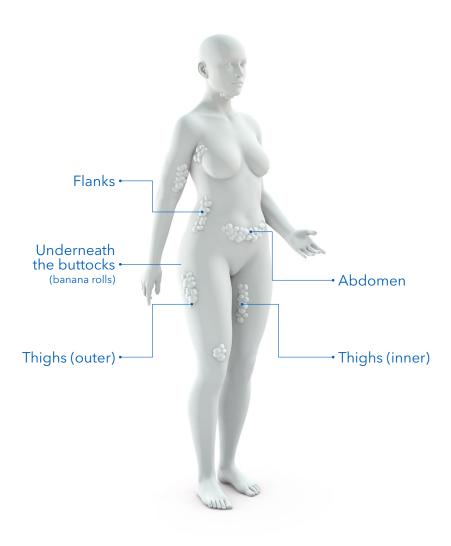




Note: the emotional attributes provide a discussion point to understand patient motivation, and help the physician identify and address treatment areas. They do not represent treatment outcomes, which are unique to every patient. These emotional attributes have been developed by Allergan Aesthetics and are endorsed by members of the International CoolSculpting* Advisory Board.

Reference: 1. Allergan Inc. Unpublished Data. International CoolSculpting* advisory board meeting 2018. INT/0028/2019. January 2019.

I COMFORTABLE IN JEANS



For illustrative purposes only

COMFORTABLE IN JEANS

ABDOMEN AND FLANKS



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING® SESSION

Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower and mid abdomen and flanks



16 WEEKS AFTER SECOND COOLSCULPTING* **SESSION (24 WEEKS AFTER FIRST SESSION)**Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower abdomen and flanks. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the back bra area, and the CoolAdvantage Petite™ applicator on the upper abdomen.

FLANKS



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING* SESSION
Patient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.



16 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.

COMFORTABLE IN JEANS

INNER THIGHS AND OUTER THIGHS





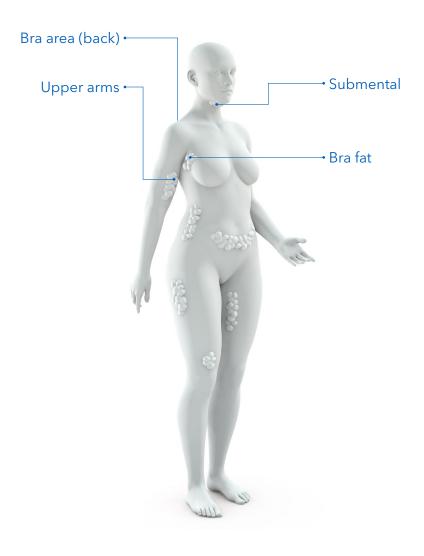


8 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the inner thigh, and the CoolSmooth Pro™ applicator on the outer thigh.



12 WEEKS AFTER SECOND COOLSCULPTING® SESSION (25 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolSmooth Pro™ applicator on the outer thigh.

I ELEGANT WITH MY HAIR UP



For illustrative purposes only

ELEGANT WITH MY HAIR UP

SUBMENTAL







7 WEEKS AFTER FIRST COOLSCULPTING® SESSION
Patient received two treatment cycles using the CoolMini™ applicator on the submental.



27 WEEKS AFTER FIRST COOLSCULPTING® SESSION

Patient received two treatment cycles using the CoolMini™ applicator on the submental.

BRA AREA (BACK)



BEFORE



10 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the upper abdomen and the back bra area, and two treatment cycles using the CoolAdvantage Plus™ applicator on the mid and lower abdomen.



14 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the back bra area, and two treatment cycles using the CoolAdvantage Plus™ applicator on the mid and lower abdomen. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the flanks.

ELEGANT WITH MY HAIR UP

UPPER ARMS







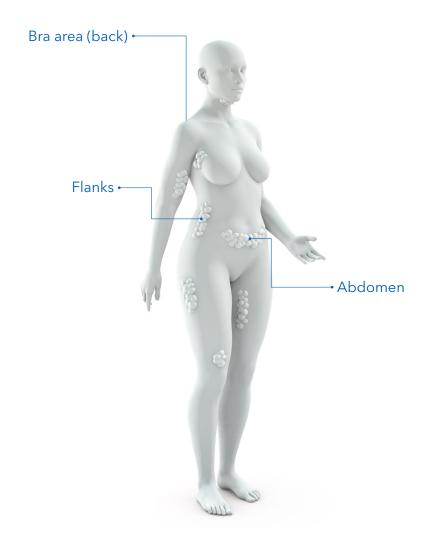
8 WEEKS AFTER FIRST COOLSCULPTING* **SESSION**Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.



12 WEEKS AFTER SECOND COOLSCULPTING* **SESSION (25 WEEKS AFTER FIRST SESSION)** Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.

SOPHISTICATED IN A DRESS





For illustrative purposes only

SOPHISTICATED IN A DRESS

ABDOMEN, FLANKS AND BRA AREA (BACK)



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING® SESSION

Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower and mid abdomen and flanks



16 WEEKS AFTER SECOND COOLSCULPTING* **SESSION (24 WEEKS AFTER FIRST SESSION)**Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower abdomen and flanks. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the back bra area, and the CoolAdvantage Petite™ applicator on the upper abdomen.

FLANKS



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING* SESSIONPatient received two treatment cycles using the CoolAdvantage[™] applicator on the flanks.



16 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.

Images courtesy of Allergan Aesthetics unless otherwise stated.

Each individual patient's results will vary depending on treatment plan.

THE COOLSCULPTING®
PROCEDURE

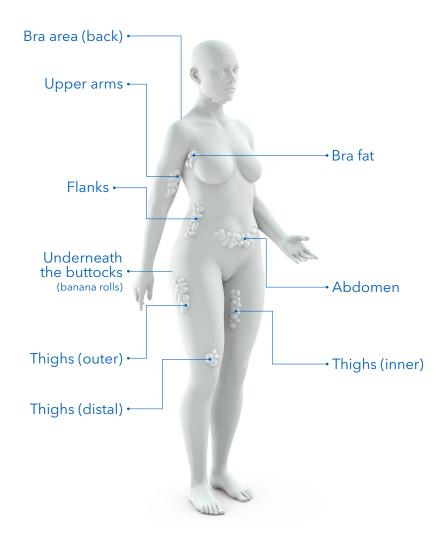
EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY
INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS REPORTING

I INSPIRED IN ATHLETIC WEAR



For illustrative purposes only

HOME

INSPIRED IN ATHLETIC WEAR



FLANKS AND ABDOMEN



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING® SESSION
Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower and mid abdomen and flanks.



16 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION)Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower abdomen and flanks. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the lower bra, and the CoolAdvantage petite™ applicator on the upper abdomen and mons pubis. Patient received a further two treatment cycles with the CoolAdvantage petite™ applicator on the mons pubis 3 weeks later.

FLANKS



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING* SESSIONPatient received two treatment cycles using the CoolAdvantage[™] applicator on the flanks.



16 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.

Images courtesy of Allergan Aesthetics unless otherwise stated.

Each individual patient's results will vary depending on treatment plan.

THE COOLSCULPTING® PROCEDURE

EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY
INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS
REPORTING

INSPIRED IN ATHLETIC WEAR



INNER THIGHS AND OUTER THIGHS



BEFORE



8 WEEKS AFTER FIRST COOLSCULPTING® SESSION Patient received two treatment cycles using the CoolAdvantage™ applicator on the inner thigh, and the CoolSmooth Pro™ applicator on the outer thigh.



12 WEEKS AFTER SECOND COOLSCULPTING® SESSION (25 WEEKS AFTER FIRST SESSION) Patient received two treatment cycles using the CoolSmooth Pro™ applicator on the outer thigh.

UPPER ARMS



BEFORE

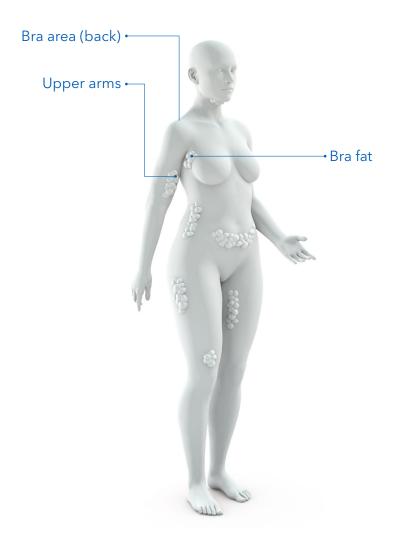


8 WEEKS AFTER FIRST COOLSCULPTING* SESSION Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.



12 WEEKS AFTER SECOND COOLSCULPTING* SESSION (25 WEEKS AFTER FIRST SESSION) Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.

CAREFREE IN SLEEVELESS



For illustrative purposes only

CAREFREE IN SLEEVELESS

BRA AREA (BACK)



BEFORE



10 WEEKS AFTER FIRST COOLSCULPTING* SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the upper abdomen and back bra area, and two treatment cycles using the CoolAdvantage

Plus[™] applicator on the mid and lower abdomen.



14 WEEKS AFTER SECOND COOLSCULPTING* SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the back bra area, and two treatment cycles using the CoolAdvantage Plus™ applicator on the mid and lower abdomen. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the flanks.

UPPER ARMS



BEFORE

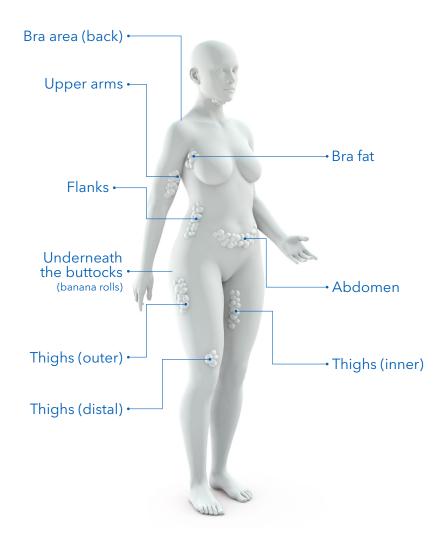


8 WEEKS AFTER FIRST COOLSCULPTING "SESSION Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.



12 WEEKS AFTER SECOND COOLSCULPTING* **SESSION (25 WEEKS AFTER FIRST SESSION)**Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.

CONFIDENT ON THE BEACH



For illustrative purposes only

HOME

CONFIDENT ON THE BEACH

ABDOMEN, FLANKS AND BRA AREA (BACK)



BEFORE



Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower and mid abdomen and flanks



16 WEEKS AFTER SECOND COOLSCULPTING* SESSION (24 WEEKS AFTER FIRST SESSION) Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower abdomen and flanks. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the back bra area, and the CoolAdvantage Petite™ applicator on the upper abdomen.

FLANKS



BEFORE



7 WEEKS AFTER FIRST COOLSCULPTING® SESSION Patient received two treatment cycles using the CoolAdvantage[™] applicator on the flanks.



16 WEEKS AFTER SECOND COOLSCULPTING® SESSION (24 WEEKS AFTER FIRST SESSION) Patient received two treatment cycles using the CoolAdvantage[™] applicator on the flanks.

Images courtesy of Allergan Aesthetics unless otherwise stated. Each individual patient's results will vary depending on treatment plan.

> THE COOLSCULPTING® **PROCEDURE**

ATTRIBUTES

IMPORTANT SAFETY INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS REPORTING

CONFIDENT ON THE BEACH

INNER THIGHS AND OUTER THIGHS



BEFORE



8 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the inner thigh, and the CoolSmooth Pro™ applicator on the outer thigh.



12 WEEKS AFTER SECOND COOLSCULPTING* SESSION (25 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolSmooth Pro™ applicator on the outer thigh.

UPPER ARMS



BEFORE



8 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.



12 WEEKS AFTER SECOND COOLSCULPTING® SESSION (25 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the upper arms.

Images courtesy of Allergan Aesthetics unless otherwise stated.

Each individual patient's results will vary depending on treatment plan.

THE COOLSCULPTING® PROCEDURE

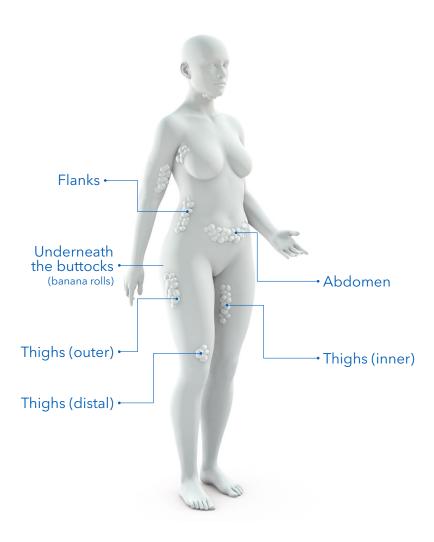
EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY
INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS REPORTING

HAPPY IN SHORTS/SKIRTS



For illustrative purposes only

HAPPY IN SHORTS/SKIRTS

ABDOMEN AND FLANKS



BEFORE



Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower and mid abdomen and flanks



16 WEEKS AFTER SECOND COOLSCULPTING* **SESSION (24 WEEKS AFTER FIRST SESSION)** Patient received two treatment cycles using the CoolAdvantage™ applicator on the lower abdomen and flanks. Patient also received two treatment cycles with the CoolAdvantage™ applicator on the back bra area, and the CoolAdvantage Petite™ applicator on the upper abdomen.

INNER THIGHS AND OUTER THIGHS



BEFORE



8 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the inner thigh, and the CoolSmooth Pro™ applicator on the outer thigh.



12 WEEKS AFTER SECOND COOLSCULPTING® SESSION (25 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolSmooth Pro™ applicator on the outer thigh.

HAPPY IN SHORTS/SKIRTS

FLANKS







7 WEEKS AFTER FIRST COOLSCULPTING® SESSIONPatient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.



16 WEEKS AFTER SECOND COOLSCULPTING* SESSION (24 WEEKS AFTER FIRST SESSION)
Patient received two treatment cycles using the CoolAdvantage™ applicator on the flanks.

IMPORTANT SAFETY INFORMATION

The use of the CoolSculpting® system has not been studied in children, or those who are pregnant or lactating¹

The CoolSculpting® procedure is not for you if you have the following:1

- » Cryoglobulinaemia
- » Cold agglutinin disease
- » Paroxysmal cold haemoglobinuria

Use caution before performing localised cooling under the following conditions, the effects of which have not been studied:1

- » Known sensitivity to cold such as cold urticaria, Raynaud's disease or chilblains (pernio)
- » Known sensitivity or allergy to fructose, glycerin, isopropyl alcohol or propylene glycol

- » Impaired peripheral circulation in the area to be treated
- » Neuropathic disorders such as post-herpetic neuralgia or diabetic neuropathy
- » Impaired skin sensation
- » Open or infected wounds
- » Bleeding disorders or concomitant use of blood thinners
- » Recent surgery or scar tissue in the area to be treated
- » Hernia in or adjacent to the treatment site
- » Skin conditions such as eczema, dermatitis or rashes in the area to be treated
- » The effect of performing treatments directly over active implanted devices, such as pacemakers and defibrillators, is not known

Reference: 1. Allergan Inc. CoolSculpting* system user manual. BRZ-101-TUM-EN4-H. December 2016.

IMPORTANT SAFETY INFORMATION



COMMON AND RARE SIDE EFFECTS

The following effects can occur in the treatment area during and after a treatment. These effects are temporary and generally resolve within days or weeks.

During a treatment:1

- » Sensations of pulling, tugging and mild pinching at the treatment site
- » Intense cold, tingling, stinging, aching and cramping. These sensations may subside as the area becomes numb

Immediately after a treatment:1

- » Redness and firmness
- » Transient blanching and/or mild bruising around the edges of the treatment area
- » Tingling and stinging

1 to 2 weeks after a treatment:1

- » Redness, bruising and swelling
- » Tenderness, cramping and aching
- » Itching, skin sensitivity, tingling and numbness. Numbness can persist up to several weeks after a treatment
- » Sensation of fullness in the back of the throat after submental area treatment

Rare side effects:1

- » Paradoxical hyperplasia: visibly enlarged tissue volume within the treatment area, which may develop 2 to 5 months after treatment. Surgical intervention may be required
- » Late-onset pain with a typical onset several days after a treatment and resolution within several weeks
- » Freeze burn:* first- and second-degree freeze burn may occur during treatment. It typically resolves without sequelae with proper care
- » Vasovagal symptoms:* dizziness, lightheadedness, nausea, flushing, sweating, or fainting during or immediately after the treatment
- » Subcutaneous induration: generalised hardness and/or discrete nodules within the treatment area, which may develop after the treatment, and may present with pain and/or discomfort
- » Hyperpigmentation:* hyperpigmentation may occur after treatment. Typically, it resolves spontaneously
- » Hernia: treatment may cause new hernia formation or exacerbate pre-existing hernia, which may require surgical repair

*Freeze burn, vasovagal symptoms and hyperpigmentation were observed during clinical trials, while the others were reported in post-market use.

Reference: 1. Allergan Inc. CoolSculpting* system user manual. BRZ-101-TUM-EN4-H. December 2016.







Allergan Aesthetics

Marlow International The Parkway Marlow, Buckinghamshire, SL7 1YL

Results and patient experience may vary. Patients shown are within ±5lbs/2.3kg of their original weight unless specified.

During the procedure you may experience sensations of pulling, tugging, mild pinching, intense cold, tingling, stinging, aching and cramping at the treatment site. These sensations may subside as the area becomes numb. Following the procedure, typical side effects include redness, swelling, blanching, bruising, firmness, tingling, stinging, tenderness, cramping, aching, itching, skin sensitivity and numbness. Numbness can persist for up to several weeks. A sensation of fullness in the back of the throat may occur after submental treatment. Rare side effects such as paradoxical hyperplasia, late-onset pain, freeze burn, vasovagal symptoms, subcutaneous induration, hyperpigmentation and hernia may also occur. The CoolSculpting* procedure is not for everyone. You should not have the CoolSculpting* procedure if you suffer from cryoglobulinaemia, cold agglutinin disease or paroxysmal cold haemoglobinuria. The CoolSculpting* procedure is not a treatment for obesity. As with any medical procedure, ask your physician if the CoolSculpting* procedure is right for you.¹ CoolSculpting* is not a weight loss procedure and should not replace a healthy diet and active lifestyle.

CoolSculpting" and its design are registered trademarks of Zeltiq Aesthetics, Inc., an Allergan Aesthetics affiliate. Allergan Aesthetics and its design are trademarks of Allergan Aesthetics, Ltd. CoolSculpting" systems, applicators and cards are medical devices Class I or Class IIa CE0197. ZELTIQ is an Allergan Aesthetics company. © 2020 Allergan Aesthetics. All rights reserved.

Reference: 1. Allergan Inc. CoolSculpting* system user manual. BRZ-101-TUM-EN4-H. December 2016.

Adverse events should be reported. Reporting forms and information can be found at https://yellowcard.mhra.gov.uk. Adverse events should also be reported to Allergan Aesthetics. UK_Medinfo@allergan.com or 01628 494026.

UK-CSC-2050427 | Date of preparation: December 2020

THE COOLSCULPTING® **PROCEDURE**

EMOTIONAL ATTRIBUTES

IMPORTANT SAFETY INFORMATION

COMMON & RARE SIDE EFFECTS

ADVERSE EVENTS REPORTING